

THE HELEN FARRER VERSION OF MULLED WINE – Alcohol reduced

Bring to the boil, stirring until sugar has dissolved:

- 4 litres of cask red
- 2 litres of water
- 2 generous cups of sugar
- 4 whole nutmegs – cracked
- 4 sticks of cinnamon
- 12 cloves
- 1 orange – scored
- 1 lemon – scored

That's all and it's very approximate.

Once it has boiled it can be kept warm – boil it before church, turn it off and put a lid on, then heat it a bit more after church.